

Monday 10<sup>th</sup> October 2022

Dear parents and carers,

### Consultation: School Dog

We are looking to introduce a new member to our Kirk Hallam Community Academy family who will become an integral part of our school community- a school pet dog called Teddy: a F1b CavaPoo.

The value of pet 'therapy' is widely accepted as a powerful aid to stimulation and communication. Studies have shown that the presence of companion animals can improve the well-being of children and lower the rate of anxiety, simply by making the environment happier, more enjoyable and less forbidding. Parents may also recognise the positive impact on their own children having pets at home and in the family.

The rationale behind my decision for KHCA to have a school dog, which I am putting forward to parents, staff and governors is as follows:

- For the school to have a pet that was able to live as naturally as conditions would allow
- For the animal to be properly cared for outside of the school day
- To have a pet that students could interact with and also be of benefit to students social and emotional development
- To have a pet that will support sensory regulation and communication of students with communication needs
- Support character development specifically in relation to our character points of **Kindness, Respect and Responsibility**
- To support the academy's ongoing commitment to creating a community-orientated environment

Over the past few years I have become aware of a number of schools who have successfully introduced a school dog. After speaking with their staff and pupils, I have been blown away by the positive impact that their dogs have had on the children, staff and whole school community.



Teddy currently spends time at Brackenfield SEND school in Long Eaton and will split his time between both schools. Teddy's mum is a CavaPoo cross called Betty who is a therapy dog in an old people's home for people with dementia, where she is a very much-loved lapdog. Teddy's dad is a miniature toy poodle who lives on a farm and is very good with children. Teddy has been selected specially because of the calm and friendly nature of his parents (and siblings in a previous litter).

His small stature makes him less intimidating than larger animals and due to being an F1b CavaPoo will have a non-shedding allergy friendly coat. The dog will be owned by myself and my family and will accompany me to school.

If parents, governors and staff are in favour of introducing a school dog, Teddy will continue to undertake puppy training classes outside of school and will also be working with a dog trainer to support his transition to school. He will visit to acclimatize to school and the students will be introduced. There will be a full risk assessment that will be quality assured.

When Teddy has completed his training, he will take a more active role in school life supporting positive interaction with individuals for emotional regulation and support, in life skills sessions on how to look after pets and ensure ourselves and our animals are fit and healthy. Teddy will always be supervised by a trained member of staff.

Please can I reassure you that the welfare of the children and the dog is of the utmost importance. The risk assessment will identify key measures to ensure both, including ensuring that the dog has appropriate areas to rest, feed and toilet.

It is really important that we know if your child has an allergy to dogs or a serious phobia of dogs. If we go ahead with introducing Teddy to school, we will be sending out a form that will need to be completed, signed and returned.

[Please click here to respond to this consultation and give your views.](#)

The consultation will be open until Friday 21<sup>st</sup> October 2022.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'C Turner', with a long horizontal line extending to the right.

Mr C Turner  
Headteacher

### **What are the benefits of having a school dog?**

Numerous research studies have shown the benefits of dogs in schools. Evidence indicates that benefits include:

- Cognitive – companionship with a dog stimulates memory, problem-solving and game-playing
- Social – a dog provides a positive mutual topic for discussion, encourages responsibility, wellbeing and focused interaction with others as well as intensive interaction
- Emotional – a school dog improves self-esteem, acceptance from others and lifts mood, often provoking laughter and fun. Dogs can also teach compassion and respect for other living things as well as relieving anxiety. Having animals to pet and be around stimulates the vagus nerve in the brain which enables us to regulate our emotions, this then has a knock on impact on how others regulate around us and how we support others to co-regulate- having dogs in schools has shown to strengthen vagal tone of both staff and pupils
- Physical – interaction with a furry friend reduces blood pressure, provides tactile stimulation, assists with pain management, gives motivation to move, walk and stimulates the senses
- Environmental – a dog in a school increases the sense of a family environment, with all of the above benefits continuing long after the school day is over
- Reading and communication – reading to dogs has been proven to help children develop literacy skills and build confidence, through both the calming effect the dog's presence has on children as well as the fact that a dog will listen to children read without being judgemental or critical. This comforting environment helps to nurture children's enthusiasm for reading and provides them with the confidence to read aloud. The dog provides a non-judgemental, non-demanding buddy to communicate with

### **What if my child is allergic to dogs?**

It is understandable that some of you may be concerned about possible allergic reactions to a school dog. However, as someone who suffers with pet allergies myself, I can assure you that care and thought has been given to the breed, choosing a breed that is considered to be hypoallergenic and does not shed lots of fur. The dog will be subjected to the most thorough cleanliness and grooming regime. Students will be taught to wash their hands after coming into direct contact with the dog. The dog will also only be allowed in situations with children who voluntarily wish to be in close proximity to him.

### **Will the dog be properly cared for?**

The dog will be extremely well looked after. He will live, outside of school time, with me and my family (my wife and I and our two young children Poppy and Betsy). He will come to school most days and will be based safely in my office. He will undergo thorough and rigorous training (continuing with puppy classes which he has already started) and a carefully planned induction programme to school. There will be measures put into place to ensure that both the dog and the children are safe. He will be fully insured and will have regular visits to the vets where he will be kept up to date with vaccinations, worming and flea treatments.

### **What if my child is scared of dogs?**

Some children may have had upsetting experiences and thus have a fear of dogs (or another animal). The dog will only be in direct contact with children who feel comfortable to do so. Students will be made aware of where the dog is and when it will visit. The dog's training will help him to be calm and gentle around children. The breed of dog that I have chosen is renowned for having a loving nature and an ideal family pet. He will be small in stature and will therefore look 'less threatening' than larger dogs. Experience and research have shown that, with proper guidance and handling, children can learn to overcome their fear of animals and grow in respect and appreciation for them.